



# run

SELF RUN 12.6

GNG BEAUTYPLUS

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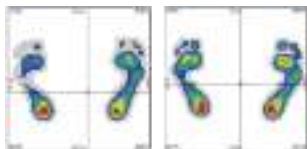
The secret to correct posture is in your feet

4D diamond grid support that follows your movements anytime, anywhere, regardless of the shoes you wear

- **SELF** Without any extra help
- **Reset** Reconfigure
- **Upgrade** Improved functionality
- **Neuro** Neurologically revitalizing

## Rapid

Visually check that body balance is achieved within 10 minutes of putting them on.



before wearing

after wearing

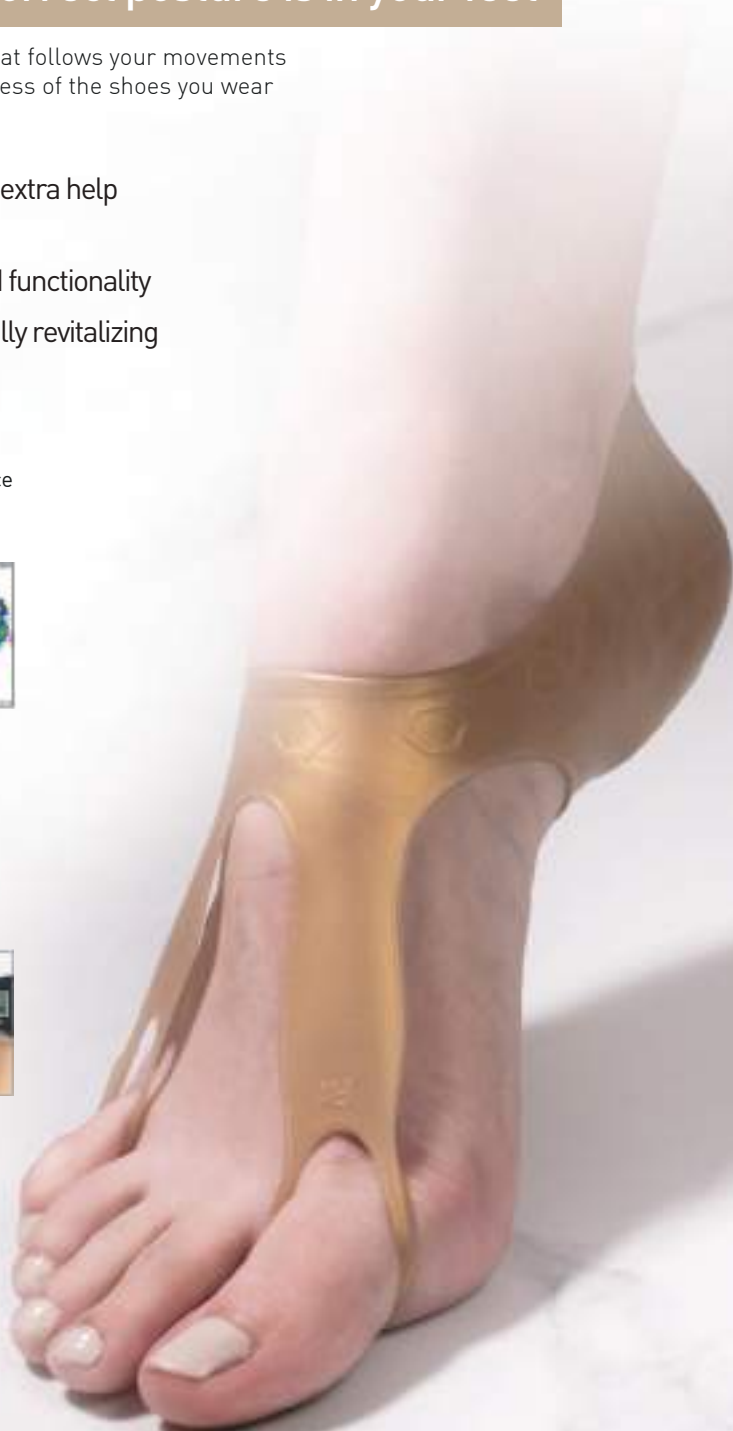
## Thin

Can be worn with sneakers or high heels inside or outside socks, incomparably thin.



Third-party pad  
thickness 1.9mm

Self-run  
thickness 1.0mm



**4 in 1 - Support and circulate the front,  
rear and bottoms of your feet at once,**

# now with Self Run!



Domestic and World Patent PCT  
Registration Completed

## 01 Ideal arch



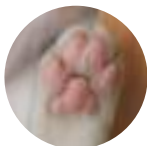
- Forms a stable foot arch by raising bones, ligaments, and muscles connected from the heel to the toe.
- Wraps the back of the foot to bring the center of gravity forward.
- Inner and outer arches of your feet create stability from the tensile force surrounding the heel, extending from your big toe to your baby toe.

## 02 Maintain stable posture and enhance your stride



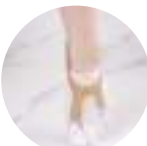
- The product is inserted at a total of 14 Achilles tendon protrusion points inside the inner and outer arches to provide stability when moving.

## 03 Minimize impact on the body



- Absorbs the impact on the body by creating a natural sole cushion like the sole of a cat's foot.

## 04 Smoother circulation



- There is no need to use the product on your toes, insteps or heels separately, as the product provides support that improves circulation blocked by improper foot structure all at once.
- Smoother circulation with tourmaline active ingredient.

※ What is tourmaline? An electromagnet that is known to promote blood circulation, cell activation, metabolism, fatigue recovery, heat therapy, and nerve pain improvement as a mineral that is beneficial to the environment and human health.

# Safety is key, because it comes in contact with my body !



\* Those with sensitive skin should avoid using the product for long periods and put on the enclosed Self-run inner socks first before putting on Self Run on top



That does not emit harmful substances even when boiled in water

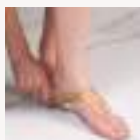
**High-quality liquid silicone !**

Test results from the Korea Testing Laboratory

**No toxic substances detected !**

## How to put on Self Run

01



Put on Self Run as if you were putting on socks, ensuring they cover your heel.

02



Make sure to raise the heel well so that the heel does not become crumpled, and make sure that the sole of the foot is well positioned.

03



Place the big toe ring over your big toe. Be careful not to twist the ring part.

04



Place the baby toe ring on the baby toe. Be careful not to twist the ring part.

05



Straighten the center by lifting and releasing the lower band of the sole. (in front of the sole of the foot)

06



While lifting and releasing the band on the back of the foot, straighten the center again.

## SIZE

XXS: ~210mm

M: 245~255mm

XS: 215~225mm

L: 260~270mm

S: 230mm~240mm

XL: 275~ 285mm



# Important information on cleaning

- Dry after washing with lukewarm water.
- Wash thoroughly so that no residue remains when using detergent.
- Sterilize by washing for 30 seconds in boiling water.  
(Be careful not to boil the product for a long time so that it doesn't inflate and become attached)

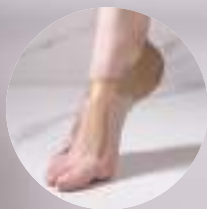
## Precautions

- Recommend first use after opening and washing with lukewarm water and drying.
- When using the product for the first time, wear for about 40 minutes before slowly adapting to longer use periods.
- Ventilate product frequently.
- Check if the product is twisted when wearing. (Especially the area around the big and baby toe rings)
- Surgery and trauma patients, those with diabetic feet, injured feet, peculiar feet, skin allergies, and those with sensitive skin should pay special attention when wearing the product. If any abnormality occurs, stop usage immediately.
- For those with sensitive skin, we recommended wearing inner socks, cloth, or special socks that cover the heel. (Top of the foot)
- Do not pull with excessive force. Be careful around finger/toe nails, sharp objects, and flammable materials.
- Do not hold the edge of the product.
- Beware of pets trying to eat/chew on the product.

※ After sales service - If there are any defects in the product, we provide 100% no-cost exchange within one month of purchase.

※ Check out more detailed information by scanning this QR code with your smartphone!





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Customer Center : +82-2-556-2009

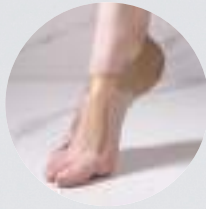


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