

# NIMBASIT<sup>®</sup>

## BASIC MINERAL SALT MIXTURE WITH ESSENCE OF HERBS

Minerals, like vitamins, belong to the essential nutrients which are vital to the preservation of life. Since the body cannot itself produce these nutrients, they have to be supplied through nourishing food and/or by supplementation.



### What is NIMBASIT?

This alkaline mineral salt mixture contains the same minerals as those in fruits and vegetables. They consist of citrate salts of calcium, potassium, sodium, magnesium, iron and manganese, as well as siliceous earth, herbs and inulin (oligofructose). NIMBASIT is of organic and of plant origin, and is much more readily absorbed by the body than other carbonate salt mixtures.

### What do the ingredients of NIMBASIT do for the body?

Calcium and Magnesium are vital minerals for building healthy bones and teeth, and play an important role in the transmission of stimuli in the nervous system. Magnesium is necessary for normal muscle function, is essential for the energy metabolism, and in muscle contraction. Iron is necessary for the formation of blood cells, the transport of oxygen in the body tissue and is important in the production of energy. Inulin assists in calcium and magnesium absorption while assisting in the growth of intestinal bacteria. It is considered a form of soluble fibre and has a prebiotic effect. Inulin has minimal increasing impact on blood sugar and is potentially helpful in managing blood sugar-related conditions.

### Why do we need NIMBASIT?

Resulting from the modern-day low consumption of fruit and vegetables, diets can be too low on minerals and often excessively acidic. In this case, it is advisable to supplement the daily diet with NIMBASIT to meet the mineral requirements of the body and positively influence the acid-base equilibrium in the body. This Acid-Base Balance within your body is a pre-condition for good health. Acidity is mostly caused by unbalanced food intake, but also by the surrounding environment. In addition, physiological and psychological stresses and disorders disturb the acid-base balance. Over-acidity is a cause of sediments, can lead to listlessness and a feeling of unwellness. NIMBASIT is sugar-free, protein-free, gluten-free, suitable for diabetics, and is prebiotic. It is made from all natural components and contains no artificial flavours, preservatives nor colourants. NIMBASIT has been produced using non-invasive production methods and sustainable harvesting. It has not been tested on animals, is free from animal ingredients and does not contain genetically modified substances.



For 30 years, the best for your acid-base balance.  
Acid-base Neutrality for your Well-being.  
100% Swiss - Produced with quality, ethics and conscience.