

ACEROLA VITAMIN C

The Acerola Cherry

What is the Acerola Cherry?

Acerola Cherries are one of the richest natural sources of vitamin C derived from fruits. The plant can grow up to 5 m high in the Northeast of Brazil. Acerola Cherries grow in pairs or trios and can be harvested three to four times per year. Acerola Cherries contain up to 3000 mg vitamin C per 100 g pulp, which is 30 times more vitamin C than what is contained in oranges and lemons. Other important substances contained within the Acerola Cherry are provitamin A, vitamin B, Iron, Calcium and Bioflavonoid.

What does the Acerola Cherry do for the body?

Acerola Cherries stimulate the immune system through oxidative and cell-protective impact. Acerola cherries have an antioxidant function. Given that the composition of the plant contains bioflavonoids, it is estimated that this natural combination can achieve twice the effect than the man-made ascorbic acid can achieve. The Vitamin C contained in Acerola Cherries is necessary for the formation and maintenance of healthy bones, teeth, gums and blood vessels. Acerola Cherries support the inclusion of iron into the body and the added inulin (which is obtained from chicory) acts as a prebiotic and bifidus promoter.

Biosana's Acerola Vitamin C:

Biosana's Acerola Vitamin C is available in chewable tablets.

What are the benefits of Biosana's Acerola Vitamin C?

The recommended daily requirement of vitamin C is 60 mg. However, a person's daily demand for vitamin C can rapidly increase when high physical exertion occurs, in stressful situations or in the winter. Biosana's Acerola Vitamin C contains 100 mg of vitamin C per tablet and covers the daily Vitamin C requirement. Biosana Acerola Vitamin C has been produced using non-invasive production methods and sustainable harvesting. It is GMO-free, was not tested on animals, is free from animal ingredients and does not contain genetically modified substances.



For 40 years, the best for your acid-base balance.
Acid-base Neutrality for your Well-being.
100% Swiss - Produced with quality, ethics and Conscience

